



SOUTH KINGSVILLE COMMUNITY CENTRE

Location & Office hours

All Enquires to:

43 Paxton Street
South Kingsville Vic 3015
Telephone: 9399 3000

Fax: 9399 2282

Email:

admin@southkingsvillecc.com.au

Monday to Fridays
9.00 am - 5.00 pm

Public holidays centre is closed

TERMS 3 AND 4 2010 COURSES AND ACTIVITIES

Funding Bodies



Department of
Human Services



Department of Planning
and Community Development



Hobsons Bay
CITY COUNCIL



How to Enrol

Step 1

Collect an enrolment form in person or request through email:

Step 2

Complete an enrolment form and return with \$10 Deposit.

Course fees are variable depending on the type of activity as well as duration.

Step 3

Receipt is issued as proof of payment and re-funds are provided in accordance with South Kingsville Community Centre policy.

Children's services

Childcare:

We have some afternoon vacancies in our Childcare sessional service. If you are interested, please call Kristian at our office for more information.

Disability Programs:

We also have some vacancies in our Children's disability programs that run on Saturdays. Please call Trish for more information.

New Events

- Great Breaks program (During school Terms)
- Water Wise Information Day –23 September 2010
- Diabetes Information Day
- Zumba—see inside for more details

What would you like to see at SKCC?

We would like to hear from anyone who has any ideas regarding to what they would like to see at our Centre. Whether is it information sessions, workshops, courses or other activities, please contact us with your ideas. We keep records of what our community want to see at the Centre and once there is an interest we include these in our activities.

We would be happy to hear from you. Call us on 9399 3000, write to us at the address above, or send us an email to: admin@southkingsvillecc.com.au

CAGE:

CAGE is our Community Art Gallery and Events space. CAGE is a vibrant art space available to the community to exhibit their artworks and hold associated events. The focus is to support emerging artists and community groups who wish to display their artwork, contribute to local cultural environment, and raise their profile. If you are interested in displaying work, please contact South Kingsville Community

VENUE HIRE

Are you looking for a venue for a social group, sporting activity, training session or meeting? Look no further than South Kingsville Community Centre. We have a number of rooms available for hire with reasonable rates and flexible availability. If you are interested in hiring space for a few hours or on a regular basis, please contact our office

Basic Computers: (Term 3&4)

Gain hands on experience and confidence in a small class. Topics include operating and navigating the computer, MS Office Suite including Word and Excel and the internet.(8 Sessions)

Cost: \$88.00

When: 22/07/10-09/09/10
21/10/10-02/12/10

Time: Thursday 10.00am-12.00pm

Introduction Cooking: (Term 4)

Learn the basics of cooking for one or more people in this course. You will gain the skills and practices in food handling, presentation and healthy cooking. (8 Sessions)

Cost: \$88.00 (Food included in cost)

When: 11/10/10-29/11/10

Time: Monday: 6.00pm-8.00pm

Introduction to Children Services: (Term 4)

Like working with children, want to know what skills are needed and where to look? Try this course with guaranteed work experience for the first 6 people who pay in full.(9 Sessions)

Cost: \$75.00

When: 21/10/10-09/12/10

Time: Thursday 1.00pm-3.00pm

Introduction to Disability Work:(Term 4)

Always wanted to work or volunteer in the disability area or you are a career needing guidance . Guaranteed placement for the first 2 people who pay in full. (9 Sessions)

Cost: \$95.00

When: 12/10/10-07/12/10

Time: Tuesday 10.00am-12.00pm

Introduction to Computers: Web Design:

Join this exciting workshop where you learn the basics of creating a web page. Learn how to add and modify text, paragraphs and page properties. Also add images and hyperlinks to your website.(1 Session)

Cost: \$70 or \$60 concession

When: 07/08/10 or
16/10/10

Time: Saturday 10am - 2.00pm

Resume Writing/Job Application:(Term 4)

Learn to write effective applications and tailored résumés. For example: how and where do I apply, how to make my résumé stand out and increase my chances for employment. (4 Sessions)

Cost: \$85.00

When: 11/10/10-29/11/10

Time: Monday 10.00am-12.00pm

Senior Citizens Bingo:

All year except public holidays

Cost: \$1.50 per game and bring in a \$2 gift.

Time: Tuesdays 1.00pm-3.00pm

Knit and Chatfor Seniors: (Term3 & 4)

Get together with others to chat while learning to knit with a experienced instructor.

Cost: \$90

When: 13/07/10-14/09/10
05/10/10-14/12/10

Time: Tuesday 10.30am-12.00pm

Craft Fund Rasing Group

All year except public holidays

When: Wednesdays

Time: 10.00am-3.30 pm

Pipsqueaks Playground (During School Terms)

A great opportunity for parents and children to socialise and have fun.

Cost: Coin Donation

Time: Friday 10.00am-11.30am

Yoga:(Term 3 & 4)

Stretch, strengthen and revitalise your body. Excellent for flexibility, relaxation and peace of mind.

Cost: \$120.00

When: 21/07/10-15/09/10

20/10/10-15/12/10

Time: Wednesday 6.30pm or 7.30pm

Zumba (Term 3 & 4) Saturday

Is a Latin-inspired dance fitness workout. It integrates some of the basic principles of aerobic, interval, and resistance training to maximise caloric output, cardiovascular benefits, and total body toning.

Cost: \$120.00 (10 Sessions) or Casual \$15.00

When: 24/07/10-25/09/10

09/10/10-11/12/10

Time: Saturdays 9.30 am - 10.15am

Zumba (Term 3 & 4) Thursday

Is a Latin-inspired dance fitness workout. It integrates some of the basic principles of aerobic, interval, and resistance training to maximise caloric output, cardiovascular benefits, and total body toning.

Cost: \$120.00 (Casual \$15.00)

When: 22/07/10-23/09/10

07/10/10-09/12/10

Time: Thursday 1.30pm-2.15pm

Childcare: During school terms

We offer sessional childcare to the local community for competent toddlers. All sessions are fun and enjoyable with qualified staff and volunteers. Please call our office for more information. Some vacancies are available in the PM sessions

Cost: \$23 or \$18 concession per session

When: Monday - Friday

Times: 9.00am-12.00pm or 1.00pm - 4.00pm

Computer Usage:

Computers are available to the public to be used between 9 and 5 weekdays if no classes are running. Please check with office.

Beautiful Babes: (Term 3 & 4)

A program for women with disabilities promoting self-esteem and confidence. Activities include hand therapy, arts and crafts, karaoke, tai chi and much more. (10 Sessions)

Cost: \$90 concession

When: 12/07/10-13/09/10

11/10/10-13/12/10

Time: Monday 10.30am-12.00pm

Tai Chi Together: Term 3 & 4

An exercise program for adults with a disability that encourages gentle movement as well as relaxation. (9 Sessions)

Cost: \$120

When: 12/07/10-06/09/10

04/10/10-29/11/10

Time: Monday 1.00pm-2.00pm

Woodcraft: Term 3 & 4

Using a variety of tools and equipment, participants with a disability make every day items whilst developing skills including independence and cooperation. (9 sessions)

Cost: \$56 concession

When: 12/07/10-06/09/10

11/10/10-06/12/10

Time: Monday 1.30pm-3.30pm

Children's (Ages 5 to 12) or Youth (Ages 12 to 18) Activities Program

A disability respite program for children with disabilities. Class is designed to encourage therapy through art, craft and exercise activities. Ring office for dates and enrolments

Date: Approximately every third Saturday 11.00am - 3.00pm

Parents & Toddlers Art Class (term 3 & 4)

Make beautiful art designs for keepsake, family or friends.

Cost: \$75

When: 20/07/10-31/08/10

12/10/10-30/11/10

Time: Tuesday 10.30am-11.30am

Upholstery:

Have you a dining chair that needs updating? Learn the basics of upholstery. Please contact the centre for course detail and information. Additional cost for materials and tools. (13 Weeks)

Cost: \$150

When: 21/06/10-13/09/10
20/09/10-13/12/10

Time: 6.30pm-8.30pm

Tenny Weeny Tennis

A fun program for 3-5 year olds using modified indoor playing conditions for children to develop basic ball skills and confidence.

Cost: \$55.00

When: 19/07/10-06/09/10
11/10/10-29/11/10

Time: Monday 12.30pm-1.30pm

Picture Framing:

Learn how to create your own frame for that special photo or piece of artwork in a friendly atmosphere. Beginners welcome! Starter Kit \$35 if required (8 Weeks)

Cost: \$120 or \$105 concession

When: 20/07/10-07/09/10
12/10/10-30/11/10

Time: Tuesday 7.00pm-9.30pm

Great Breaks Program

A program for children with a disability, aged 6-12 Ring the disability coordinator on Tuesday and Wednesdays for more information on 9399 300 (Press option 3) or
Email: disability@southkingsvillecc.com.au

Wii Usage:

Will be available in term 4

Learning For Life Craft Group:

We are starting our Xmas Classes in term 3 so that participants have more time to finish their projects and don't have to rush in the last minute. Please find a list of classes as follows.

- Card making
- Paper Tole cards
- Parchment craft
- Wood burning,
- Xmas Embroidery
- Santa Appliqué wall hanging,
- Candle wicking on calico,
- UFO's (bring your unfinished objects)

Cost: \$20

When: 15/07/10-16/09/10
07/10/10-16/12/10

Time: Thursday 9.30am-12.30pm



**SOUTH KINGSVILLE
COMMUNITY CENTRE**

43 Paxton St South Kingsville

Phone: 9399 3000

Fax: 93992282

Email: admin@southkingsvillecc.com.au